

PADI OPEN WATER DIVER COURSE

(December 20th – 24th, 2010)

Karachi



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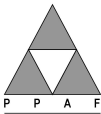
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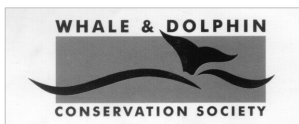
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PADI Open Water Diver Course

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1 Introduction

Scuba Diving is termed as an underwater activity with the help of Self Contained Underwater Breathing Apparatus. The Pakistan Wetlands Programme has deployed inventory of diving equipment to under take SCUBA diving for exploring under water nature's wealth in Pakistan and to promote it at large.

The Programme has planned a number of scuba diving courses to build capacity of stakeholders involved in coastal and marine wetland resources management. The programme has made arrangements with PADI to provide certification of various categories to trained professionals.

The Programme started its SCUBA diving classes with PADI Open Water Diver Course. This internationally recognized Diving course is a passport to the world of scuba diving which gives the freedom to dive any where in the world with a buddy independent of a professional. Upon Completion of PADI Open Water Course participants are awarded certification by PADI Asia Pacific Australia.

2 Course Objectives

The objectives of the training course were to enable the participants to:

- Dive in the water in a safest way by using appropriate Scuba Diving gear.
- Explain the relevance, purpose and importance of scuba diving in the field of Wetlands Management.
- Practically see coral reefs and aquatic life in the sea.

3 Course Outcomes

At the end of the training course the participants were able to:

- Explain the basic concepts of scuba diving in various Wetlands related fields.
- Dive in any where in the world by using appropriate scuba diving gear.
- Take advantage of practically seeing, evaluating and exploring underwater amazing world.

4 Training Participants

The number of participants registered for the training course was 4. The participants from Pakistan Wetlands Programme and associated organizations were only invited and participated in the course. The list of the enrolled participants is attached as Annexure I.

5 Training Team

The services of highly skilled and experienced retired naval diving officer who was further trained abroad by PADI (Professional Association of Diving Instructor) were taken for this valued training course.

6 Training Program

Training programme was split over a period of five days which included theoretical demonstrations, watching of related videos and practical diving. Details of the Training Programme are attached as Annexure II.

6.1 Participatory Activities

The training activities included; Knowledge development covering the fundamentals of scuba diving, introduction to dive equipment and techniques, 5 confined water dives and 4 open water dives at sea.

The education material provided to each participant was Diving Manual, DVD, Electronic Dive planner, Divers Logbook and Training Record, Keep Diving Brochure, Student Record File, Vinyl Satchel.

7 Session Details

7.1 Introduction of Pakistan Wetlands Programme

Session I started with the registration of the participants. Registration forms were filled in by every participant. Then a small activity was conducted in which the participants introduced each other. This activity was done to let the participants get familiarized with each other to work in the groups at a later stage.

7.2 Scuba Diving- An Introduction

In this session a training video film about scuba diving was shown to participants. Thereafter, they were taken to swimming pool for conduct of knowledge based practical scuba diving sessions.

8 Conclusion and Way Forward

This training proved very beneficial for the participants belonging to various conservation organisations. It enhanced the knowledge and skills of the participants to carryout scuba diving under the supervision of instructor. The Pakistan Wetlands Programme in future will organize such training activities to train the participants from various organizations for benefiting either directly or indirectly.

9 Annexure I

Table 1: List of Trainees	
Sr No.	Name
1	Umair Shahid (Indus for all Programme)
2	Mubashar Azam (Pakistan Wetlands Programme TReck)
3	Ghulam Rasool (Sindh Fishery Department)
4	Mohammad Ali (Pakistan Wetlands Programme PMU Islamabad)

10 Annexure II

Training Session Plan				
	0930-1045	1045-1130	1200-1300	1330-1500
DAY-1	Introduction	Opening Address	Confined water session-1 in Swimming pool	Confined water session-2 in swimming pool
DAY-2	Confined water session-3 in swimming pool	Break	Confined water session-4 in swimming pool	Confined water session-5 in swimming pool
DAY-3	Confined water Dive-1 at sea	Break	Confined water-2 at sea	Knowledge Review 1&2
DAY-4	Open water Dive-1 at sea	Break	Open water Dive-2	Knowledge Review 4&5
DAY-5	Open water Dive-3	Break	Open water Dive-4	Written Quiz

11 Glimpses

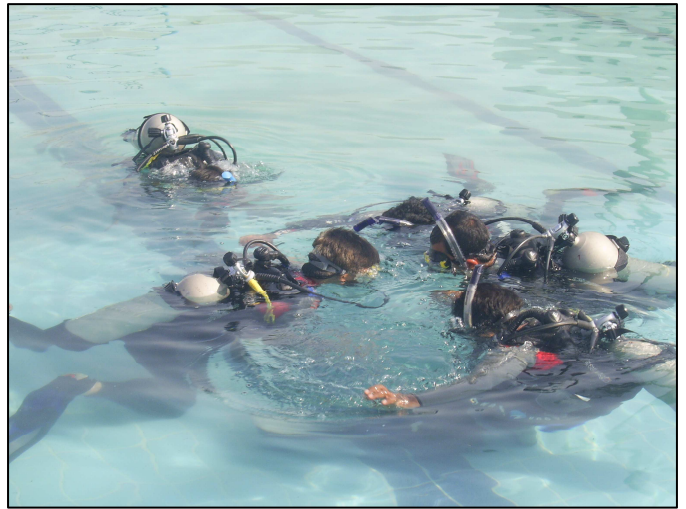


Figure 1: Overall Training Activities